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Senior Halloween: Page 12 & 13

DELAWARE
Delaware Valley High School - Milford, Pa.

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Warrior Cafe hosts soft opening to the public

By Michael Elaro
Managing Editor

For the first time, the Warrior Cafe will be open to the general public on Nov. 20 and 21. The purpose of opening the cafe to the public is to give the students real-time experience serving customers.

The opening will prepare them to work in the hospitality industry during and after their high school careers. It also allows them to showcase the skills they have learned since joining the CTE program.

"Let people do what they want, and you'll see what they do," Chef Alex Niosi said.

The culinary CTE students will run the restaurant by making the food and serving the customers. Students were also responsible for creating the prix fixe, which is a multi course at a set price, menu. The appetizers consist of Crabby Mac & Cheese, Baked Brie and Chicken Andouille Gumbo. The entrees are Cobb Salad, Smash Burger with House Fries and Grilled Pork Chops with Spaetzle. For dessert they have Rice Pudding, Pavlova and Bienenstich.

The Warrior Cafe has been open before, but only to staff members. They have hosted meetings for the CTE programs and have given teachers the opportunity to order food. Depending on how the initial opening goes, they could be available for the public more often.

"We would like the public to know we are open to them," Chef Niosi said.

To help promote the opening, the business CTE designed advertisements to spread the word.

"The students in the culinary CTE have worked so hard preparing for this event," business CTE senior Marissa Gates said. "I'm sure those who secure reservations will see their hard work and dedication."

Parties can be no larger than four people due to the limited seating, with the two reservation times being noon and 12:45 p.m. Reservations can be made by calling (570) 296-1896. The meal is $25, cash only.


Contributed Photo
The culinary students set up the cafe weeks prior to prepare for opening day.

Marching Band takes first place in state championship

The Marching Warriors win their first USBands Pennsylvania State Championship.

By Ava Kraszewski
Community News Co-Editor

The marching band placed first out of 20 bands in the USBands Pennsylvania State Championship on Oct. 26 in Willow Grove, Pennsylvania.

Mr. Richard Bullock, the marching band director, expressed his excitement and pride in placing first in the state.

"I'm just really proud of us. [This is] the first time we've come in first," Mr. Bullock said.

The band's show was called "10" as a tribute to the marching band's 10-year anniversary. They performed throwbacks to songs from the past 10 years, including "Bohemian Rhapsody" by Queen, "Dies Irae" by Giuseppe Verdi, which appeared in the band's "Rage" show in 2019, "Feeling Good" by Michael Bublé from their 2018 Jazz Fusion show and "Shamshir" from "The Warrior" show in 2020. They also performed songs from the hit film trilogy "The Dark Knight Rises."

Mr. Bullock highlighted senior trumpet player Matthew Sicina and junior flutist Grace Stevens on their performances in the state competition. Mr. Bullock also highlighted Connor Giblin (drum major), Marissa Gates (colorguard sergeant) and Stevens as being leaders in the band and contributing to their overall success.

The marching band prepared for the state competition by performing in the Ludwig Musser Classic at Metlife Stadium on Oct. 12. They competed against 40 other bands and placed second overall. This competition is when the Marching Warriors first debuted their "10" show.

With the USBands Pennsylvania State Championship, the marching band has concluded their 2024 competition season but will still continue to perform at Warrior football games.


Contributed Photo
Connor Giblin conducts the marching band during their show in Willow Grove, Pennsylvania, on Oct. 26.

School News

Current NHS members embrace inductees at induction

By Kim Smyser
Opinions Co-Editor

The National Honor Society held its induction ceremony for new members on Nov. 4. It is an organization composed of juniors and seniors who have been selected to demonstrate the four pillars of the organization: scholarship, service, leadership and character.

"It is a recognition of all of the hard work that they've put into their school, into their academics and into the extracurriculars and sports that they do," NHS adviser Dr. Amanda Pope said.

The four pillars of the NHS represent the values needed to form good character.

According to NHS president Owen Carso, it is a privilege to be inducted into this organization.

"It is a huge honor for students because they are being recognized not only for being a good student, but also for being well-rounded individuals in their school and community," he said.

At the ceremony, 75 students were inducted and there were 68 returning members.

Members have to have a cumulative 3.5 GPA, earn at least 30 community service hours and have an outstanding citizenship grade.



Ava Kraszewski/Del.Aware

The 75 newly inducted NHS members are honored at the Nov. 4 ceremony.

"I feel extremely grateful for the opportunity NHS gives me and my other peers," newly inducted junior Taylor Spears said. "I am proud of everything I have been able to accomplish so far at DVHS."

All members, including officers, met during a class period to discuss respective duties for the ceremony. Seniors and juniors were informed of their expectations for the night of the ceremony. Officers met several times to practice reading the names and delivering their speeches.

Carso believes that the new members have certain expectations in addition to their enrollment.

"It means that they are a part of a larger organization that's dedicated to those four pillars," Carso said. "It means that they're going to come to our monthly meetings, and they are going to become active in their communities."



Owen Carso/Del.Aware

SAAC hosts pickleball tournament

The Student Athletic Advisory Committee (SAAC) hosted a pickleball tournament after school in the gray gym on Nov. 13 to raise money for the American Red Cross's hurricane relief efforts. The tournament cost $5 to participate. First-place winners received a long sleeve T-shirt that says "Pickleball Champion" and a $10 gift card to Walmart. Second-place winners received a jar of dill pickles.The winning team was physical education teacher Mr. James Donnelly and Mrs. Ana Balcarcel, a secretary in the district office.

Compiled by Owen Carso



Etain Starr/Del.Aware



Etain Starr/Del.Aware

Building CTE students construct new track shed

The Building CTE class has been working on building a new track shed since the beginning of October. They plan to have the roof complete before the harsh weather begins and have the shed finished by the middle of May. Once the new track shed is finished, they will tear down the old shed infront of the track. The majority of the work is being completed by the Building and Construction I class and Building and Construction II and III are participating in the more advanced work.

Compiled by Etain Starr

School News

Spanish 4 class collaborates with Gourmet Foods class to learn about Day of the Dead

By Etain Starr
Community News Editor

Señor Gary Cotroneo's second period Spanish 4 class and Mrs. Jillian Feese's second period Gourmet Foods class worked together to celebrate Day of the Dead on Nov. 1.

The foods class finished up their unit of Mexico, resulting in an ideal time to combine the classes and learn all about what Day of the Dead is.

"Our students now have a better understanding of Day of the Dead as we celebrated the holiday with Señor Cotroneo's class," Mrs. Feese said.

The purpose of the traditional Mexican holiday is to remember the souls of loved ones who have passed so that their souls can be cherished eternally.

The foods class celebrated the holiday by cooking quesadillas, a traditional Mexican food. This is a way to celebrate loved ones who passed because it is tradition to cook their favorite foods.



Etain Starr/Del.Aware

Senior Dean Finelli flipped the quesadilla as part of the Day of the Dead celebration.

In the front of the room, there was a mock altar set up. The Spanish class took turns explaining each of the different parts of the altar.

The students explained that people light candles on the altar to welcome the spirits back to the living world. The students also talked about how the pictures on the altar are pictures of loved ones who passed away and whom they are remembering.

The altar was decorated with sugar skulls. The sugar skull is a major part of the celebration, as it represents a departed soul. People celebrating the holiday also leave their loved one's favorite food on the altar. It is said that if the food tastes bland, it is because the loved one took the flavor with them.

The students in the classes were grateful for this new type of learning opportunity.

"This collaboration with the Spanish class really helped me understand what Day of the Dead is all about," senior Rainna Carr said.

Inquiring Photographer

"What teacher is most likely to survive a zombie apocalypse?"

Compiled By Olivia Van Tassell



"Mr. Mike Guzenski"
Dominic Totten
Class of 2027



"Mr. Nick Quaglia"
Nat Carso
Class of 2027



"Dr. Amanda Pope"
Marilyn Marty
Maddie Curchoe
Class of 2027



"Mr. Bob Curtis"
Landon Fucetola
Gino Gualandi
Class of 2025



"Mr. Bob Curtis"
Saranda Kurtolli
Class of 2026



"Mr. Eric Thiele"
Declan Mead
Cole Caravello
Class of 2025

Fall Break Schedule

- NOV. 26 - HALF DAY
  PERIODS: 1, 2, 3
  DISMISSAL 11:15 A.M.
  ACTIVITY BUS 1:00 P.M.
- NOV. 27 - HALF DAY
  PERIODS: 4, 6, 7
  DISMISSAL 11:15 AM
  ACTIVITY BUS 2:00 P.M.
- NOV 28, 29 AND DEC 2
  NO SCHOOL

Compiled by Kayla Sykes

Opinions

The importance of finding your voice, speaking out

By Kristen Langelotti
Opinions Editor

Getting your voice heard in today's fast-paced world can be difficult, but it is essential for personal and professional growth. The key to making your voice heard lies in a combination of clarity, confidence and strategic engagement. People want to speak out for various reasons including the desire to share their perspectives or advocate for change. Knowing what drives people to voice their opinions can help in effective communication strategies.

Firstly, clarity is crucial. When you have a message to convey, it is important to articulate it in a clear and concise manner. Avoid complex language that might obscure your main point. Focus on presenting your ideas in a direct way that others may understand. This approach makes your message more accessible and increases the likelihood that it will be remembered and acted upon.

Confidence is another vital element in getting your voice heard. People are more likely to listen to someone who speaks with self-assurance. This does not mean being loud or overbearing; rather, it involves believing in the value of your message and presenting it assertively. Confidence can be built through practice and preparation. Knowing your subject matter well and anticipating potential questions or objections can help you communicate more effectively and persuasively.

Strategic engagement is also essential. This involves choosing the right platforms and moments to share your message. Social media offers powerful tools for amplifying your voice. However, you should be careful about what you say on the internet because once something is posted, it can be difficult or impossible to remove it. Sharing your opinion online can lead to misunderstandings. Once your opinion is out there it can potentially damage and affect relationships.

Understanding what motivates people to speak out can enlighten your approach. Many individuals are driven by a desire to make a difference and believe their contributions can lead to a positive change in their communities or workplaces. Some are in need of connection and belonging. Sharing personal stories and experiences can promote a sense of community, causing others to participate in the conversation. Fear of being overlooked can prompt people to speak out. In environments where groups or views are underrepresented, people may feel forced to speak out to ensure their perspectives are acknowledged.

Remember to stay true to yourself and be mindful of what you put out. You want to make sure that your message is both impactful and respectful.

OUR OPINION

It's not funny, it's trauma

As the world becomes more immersed in the internet, many people have been subjected to so much content, both good or bad, which has affected the way we perceive serious situations.

Internet users seemed to have forgotten that making jokes about sensitive topics completely undermines the trauma that was brought onto the victim(s) of the situation, while not actually being funny, but instead hurtful and apathetic.

Such as with the Sean "Diddy" Combs scandal, where Diddy was found to have trafficked and abused multiple men and women. Instead of focusing on the appalling actions he committed, the internet focused on his alleged possession of 1,000 bottles of baby oil, along with making memes about the "Diddy parties."

There were even alleged celebrity victims, such as singer Cassie Ventura. She was in an on-and-off relationship with Diddy, which started when she was 19 and he was 37. Throughout their relationship, Cassie was allegedly abused in multiple ways, with some of the abuse being caught on camera, but she settled the case outside of court.

Not to mention, the memes that circulate online about other people who have performed heinous actions shouldn't be referred to as "Diddy" when sometimes the actions they have committed may be minor compared to the crimes Diddy has committed throughout his career and prior to.

A person's digital footprint is much more important than students realize. Students do not realize that whatever they post will stay on the internet and could possibly come back to affect future job applications and college acceptances.

Much of the desensitization to heavy topics can be traced to internet usage as kids, due to lack of parental intervention. Many teens and young adults can relate to being on the internet while growing up, watching their favorite YouTube creators or playing computer games. In previous years, the internet wasn't regulated as heavily as it is now, leading to possible exposure of violent and gruesome content.

The consumption of such content caused a desensitization from exposure from it becoming normalized to joke about serious topics.

Parents should work on monitoring their children's internet usage to ensure that they are consuming the content appropriate for them or shouldn't even allow them onto the internet until they are mature. Internet usage has been decreasing our attention spans and maturity levels. Studies have shown that with an increase in screen time, it has negatively affected our attention spans. With maturity, since social media has become more focused on keeping people on their apps, the type of content posted has become lazy and immature.

Whether it be due to lack of education or apathy, people should work to develop sympathy and empathy towards victims of tragedies. These types of jokes should not be normalized as it diminishes the pain that the victims have to live with, while it reveals the lack of education on the particular topic.

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Letter Guidelines

The Del.Aware is an administrative reviewed publication of the journalism class of Delaware Valley High School. The Del.Aware will print acceptable letters written by current students which may be edited or condensed for reasons of libel, good taste, grammar and punctuation.
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Opinions

Is seasonal depression a myth?

By Olivia Van Tassell
School News Editor

Seasonal depression, scientifically known as seasonal affective disorder or SAD, is a type of depression that is triggered by the changing of seasons. This is most common in the fall and winter months because shorter days leading to less daylight set off a chemical change in the brain which leads to symptoms of depression.

Many may have heard about seasonal depression from TikTok or other social media platforms, causing this disorder to become more normalized. Seasonal depression is commonly used as an umbrella term for feelings of sadness with seasons changing. It is important to remember that you can't diagnose yourself with a depressive disorder based on a post you see online, only a health care provider or a mental health specialist can diagnose you. Seasonal affective disorder is more than just increased feelings of sadness. According to Johns Hopkins Medicine, other symptoms include increased sleep, daytime drowsiness, self-isolation, increased sensitivity to rejection, grouchiness and anxiety.

If you do feel this way, it's important to reach out to friends or family and express your emotions. If your feelings become severe, you should reach out to mental health services for help.

SAD is not as common as people make it seem. Only about 5% of adults in the U.S. experience this disorder annually and it typically lasts about 40% of the year, according to Psychiatry.org.

As someone who has been diagnosed with seasonal affective disorder by a mental health specialist, I choose to take a more holistic approach to help my mental health, but there are medications available. It is important to talk to your doctor about the best approach for you.

Something that has really helped me is making it a priority to get outside, especially during the winter and spend time with friends. Skiing is my favorite winter activity, so three years ago, I became a ski instructor. Spending every weekend in the winter being able to share my favorite hobby has brought me a lot of joy. This job is also social, whether it be with my coworkers, bosses or customers, I am always talking to somebody. Being in this social setting helps me prevent self-isolation.

I have used this job as an outlet for my seasonal depression, and it has helped my mental health. I encourage everyone, whether diagnosed with seasonal affective disorder or feeling sadness as the temperature changes and the year slips away, to prioritize their friends and hobbies this winter as a solution for their feelings.

So no, seasonal depression is not a myth. Seasonal affective disorder is a real depressive disorder, but it is not as normalized as it is made out to be online. If you are having feelings of depression or suicidal thoughts, call or text 988 or go online to 988lifeline.org to reach a 24-hour crisis center.



Illustrated by Siasia Bean

Is technology making us more lonely?

By Topher DellaBella
Entertainment Editor

It is a known fact that teenagers use too much technology. Many hours out of the day are spent scrolling on our phones.

We can say we will limit our screen time as much as we want, then we will forget all of that once we pick up our phones again. Technology is a prime interference with human connection especially with the younger generation. Just the habit itself of reaching out for a smartphone at any free moment increases loneliness.

While technology does keep us connected with what's going on in the world everyday, the use of it only makes our brains emptier. Technology ruins our social skills and isolates us to the point where we could be in a room full of people and still feel alone.

Research done by the University of Arizona found that having constant access to technology can prevent us from social connections. The research also found that, "smartphone dependence predicted a higher rate of loneliness and depression in young adults."

There's no denying that the younger generation overuses technology to the point where it is our only form of entertainment. We could often feel so bored that nothing else besides our phones could give us the slightest bit of amusement, but nothing can ever replace human interaction. Activities like going out with your friends on the weekends have even more to offer us than our phones do. The world away from our phones is something that this generation as a whole takes for granted.

Overusing technology is not beneficial to anyone. This goes for any age group that is addicted to technology. Our mental health is getting weaker from the damage done to us by technology and we need to prevent this by encouraging human interaction and setting strict limits for our screen time.

School News

11th annual Veterans Day Dinner honors soldiers for sacrifice

By Shannon Eby
Lifestyle Editor

Members of Junior Historians hosted their 11th annual Veterans Day dinner on Nov. 7 to honor the sacrifice of the men and women who have served the country. A total of about 45 veterans attended the event.

"The purpose of this dinner is to thank and honor the men and women who served their country," club adviser Mr. Mike Guzenski said. "Just a small way to say thank you."

At the dinner, there was an empty table that was set for all the men and women who sacrificed their lives but did not make it home. The table also had a flag to honor the soldiers draped over it.

Fifteen members of the Jazz band provided musical entertainment during the dinner for all guests to enjoy.

One of the guests at the dinner was 2017 graduate Connor Simonson, who had previously helped set up the dinner when he was in high school, and was now attending the dinner as a veteran. His twin sisters, Chloe and Lana, are currently members of the Junior Historians club and helped set up the dinner for their brother.



Contributed Photo
Junior Historians adviser Mr. Michael Guzenski greated veterans and their families.

"This was a very special dinner because we had a graduate who was a part of Junior Historians and participated in setting up this dinner when he was here," Mr. Guzenski said.

John McManus, an army veteran who served in the Vietnam War shared his experience of what war was like for him.

"My experience was positive, and I've grown to be a self-sufficient person and individual that will take care of myself," McManus said.

The dinner was catered by John's of Arthur Avenue and served by members of the club. The dinner incorporated foods like pasta, chicken parm, salad and cake.

Student Council urges students to donate to food drive

By Etain Starr
Community News Editor

As the holiday season approaches, the Student Council is hosting their annual food drive. The Student Council are encouraging students to get out and bring in non-perishable items. Students should bring in any canned or boxed items to their homeroom and place them in the food drive box.



Some suggested items that students should bring in are any traditional holiday items. A perfect example of these are instant stuffing, gravy packets, instant mashed potato mix and toiletries.

Last year, the Student Council received just over 2,000 donations. This year, Student Council adviser Crystal Wummer has high hopes to collect 3,000 like they have in previous years.

All items are to be counted and ready for pick up by 8 a.m. on Nov. 26. The items will then be distributed out to local food pantries.

The homeroom that collects the most donations will be treated with a breakfast hosted by the Student Council.

Student Council president Kayla Sykes feels that the food drive is an important cause.

"The ability to help others in need and to ignite generosity in staff and students in the school is really important to me," Sykes said. "Together we are making a positive change in our community."

School store set to open, new products available

By Ella becker
School News Co-Editor

The school store, run by the Business and Marketing CTE class, is just about ready to open their doors with new products to sell.

Despite the fact that the store has been inconsistently open during lunches, they are almost ready to open for the year.

Currently, the class is working on a sale district-wide for staff members. After the district-wide sale, they will hold the annual Christmas sale.



Ella Becker/Del.Aware
The school store sells sweatshirts, T-shirts, long sleeves and sweatpants, along with a fridge with drinks.

Senior Marissa Gates, a Business and Marketing student, looks forward to the new designs the class has designed.

"We're really trying out a lot of new designs and amazing logos that I'm excited for," Gates said.

Junior Francine Russo, also a CTE student, has been working on designing new crewnecks, which will cost about $20.

"Even if you're not looking to buy anything, stop by during lunch with any questions," Gates said.

School News

FBLA members attend annual workshop

By Michael Elaro
Managing Editor

The FBLA State Leadership Workshop was held at Kalahari Resorts on Nov. 3 and 4 where 10 FBLA officers were able to hone their business leadership skills.

Seniors Anna Vogel, Mia Thompson, Queenie Yang, Bennett Nielsen, juniors Ava Troup, Vidhi Patel, Elizabeth Bailey, Joseph Benavides, sophomore Shannon O'Leary and freshman Grace Holderith went. Along with the high school officers, eight middle school members were also invited. Students between fifth and twelfth grade were welcome.

The two-day event was filled with various workshops and guest speakers. Some of the categories included Business Branding, Photography Mediums, Cultural Intelligence out of the hundreds of categories offered at the conference. The speakers included professional photographer Dustin Galyon, commercial banker Alex Bumpers and others. Students were also shown behind the scenes of how Kalahari is run.

"My favorite workshop was run by a Penn State senior who is majoring in finance," chapter president Vogel said. "He taught us about different types of bank accounts and smart ways to make money on interest in the long run. He also shared his experience working on Wall Street."

Between workshops, various activities were available when students had free time. There was a FBLA trivia session, Rubber Ducky Derby, Red Cross Relay and more. All proceeds made from the events were donated to the Red Cross State Project.



Contributed photo

All FBLA members who attended had the opportunity to go to lectures together.

"The guest speakers and workshops were different from last year," Vogel said. "But the tradition of the basket raffle remained."

This conference not only gave the students the opportunity to expand their business and leadership knowledge but also encouraged the officers to bond with each other.

"There were also a lot of incredible opportunities for bonding between our DV FBLA officer team," Thompson said. "My favorite part of the conference was attending a photography workshop with a fellow officer."

This workshop is a part of the FBLA "All In" initiative on student and parent development in business education. It is a push for students and parents alike to build a foundation for entrepreneur and leadership.

"It was different from last year because of the new and improved workshop diversity for students that may not only be business oriented," Thompson said.

Journalism students attend Media Day at Wilkes University

By Lauren Donnelly
Lifestyle Co-Editor

I, along with other first year journalism staff students, traveled to Wilkes University on Oct. 25 for a media conference. This opportunity was put together by the communications department of the university and led by students in the program.

I began the day with a delicious breakfast while giving myself time to get to the school before we planned to leave. At 7:20 a.m., we loaded up the van and departed the school. When we arrived at Wilkes University around 8:45, we went to Starbucks to get drinks. Once we had all received our orders, we made our way to the Karambelas Media and Communications Center where we were greeted and given a folder filled with the day's schedule and other information.



Contributed photo

Eight first-year journalism students traveled to Wilkes University for its annual Media Day.

Prior to our trip, we were instructed to fill out a Google Form selecting which workshops we would like to attend. I chose Wilkes Now and WCLH as the top two programs I was interested in. Wilkes Now is the university's TV station produced and anchored by students, and WCLH is the university's student-run radio station.

My first workshop was Wilkes Now. I was nervous to be the first person to anchor, so I decided to work the teleprompter behind the scenes. I ended up pushing myself out of my comfort zone and anchoring the production. I am so glad I did because it was so much fun.

My next workshop was the radio station WCLH. I was paired up with a student from Wilkes-Barre Area High School along with two communication students from the university. We started off learning about all of the controls and devices used to air the station. After that we went live. I discussed our journalism program and the new communication programs we have been working with.

When we finished being on air, we went with another college student to record liners. I introduced myself, the station and ended with their catch phrase "keep it locked."

Following our workshops, we were brought to the dining hall for lunch. The dining hall offered so many delicious options. I chose to have a chicken sandwich with french fries. After watching some students walk by with ice cream, I decided I couldn't leave without dessert. I enjoyed some self-serve ice cream after my meal.



Once lunch wrapped up, we packed back into the vans and drove back to the school to conclude the day.

School News

FCCLA students participate in regional competition

By Shannon Eby
Lifestyle Editor

Family Career and Community Leaders of America (FCCLA) ,which is run by Mrs. Jill Farr and Mrs. Jill Feese competed at the regional competition on Oct. 22 at Indiana University of Pennsylvania. Officers and other members competed, played fun games and solved problems against other teams in the state.

"Regions is where the officers play fun games against other teams in the state to kick off the season," Mrs. Feese said.

FCCLA is a group of students who compete against other teams in the state at various competitions. At these competitions, they get into groups of three and are handed a series of problems that they must complete. They practice and meet for one day out of the week to prepare for these competitions.



Contributed Photo

FCCLA students competed at their regional competition on Oct. 22 at Indiana University of Pennsylvania.

If they place in the 85th percentile, which is winning a gold or silver medal, at the state competition then they get to move on to Nationals, which would be held in New Orleans at the end of the year.

Some of the categories that the students compete in are interior design, hospitality and tourism, fashion construction and early childhood education.

Any student who has taken a Family and Consumer Sciences class can join FCCLA to be a part of the competitions.

FCCLA also holds many drives throughout the year. One student has a chapter on display where they collect canned food to donate to the food pantry. Another student will have an event management project on a holiday party problem in December.

'The Crucible' Cast List

Leads



John Proctor
Senior
Chris Flemming



Elizabeth Proctor
Sophomore
Madison Curchoe



Abigail Williams
Junior
Addie Del Mauro



Governor Danforth
Senior
Owen Carso



Reverend Samuel Parris
Sophomore
Logan Woodward



Reverend John Hale
Freshman
Chris Tanzini

Supporting Cast

Betty Parris- Freshman Emma Lynn Tierney
Tituba- Sophomore Joleen Vento
Susanna Walcott- Senior Rachel Swinton
Ann Putnam- Senior Daniella Perunsky
Thomas Putnam- Senior Caden McGoey
Mercy Lewis- Freshman Guilianna DeMaio
Mary Warren- Senior Marissa Gates
Rebecca Nurse-Junior Kate Yablonski
Giles Corey- Freshman Trent Kaylor
Francis Nurse- Freshman Will Kent
Ezekiel Cheever- Freshman Pat Flemming
Judge Hathorne- Sophomore Derek Harris
Martha Corey (voice only)- TBD
John Willard- Freshman Jackson Sutphen
Sarah Good- Sophomore Nadya Bermudez Viccica
Hopkins-TBD
Sophomore Gretchen Zahler
Sophomore Emma Wentworth

Compiled by Shannon Eby

School News

How to approach college finances

By Annabelle Doro
Entertainment Co-Editor

As the school year for seniors and juniors progresses, college applications and tours start. Finishing applications and getting accepted into college is a relief when done, but finances can be stressful for many families.

"It is the most daunting part of the college process," guidance counselor Mrs. Jessica Favorito said. "The best thing to do is look realistically at what your family can afford."

College finances and student loans range from $10,000 to $100,000 depending on which college students choose and any merit scholarships they receive. Figuring out how to afford college finances is difficult and filling out a FAFSA is helpful, but what else can be done?

"Do research," Mrs. Favorito said. "Every college website has a net price calculator. You put in some of your financial information, and it will calculate approximately how much it will cost per year."

Students who plan on going to college should schedule their classes accordingly. If students want to pursue a math-centered career, then take a math class senior year. With certain classes, like Ceramics, Forensics and even English 11, students can do dual enrollment to get college credits.

> *"It is the most daunting part of the college process. The best thing to do is look realistically at what your family can afford.,"*
>
> **- Mrs. Favorito**

"Challenge yourself," Mrs. Favorito said. "That doesn't mean take AP courses, but take classes that fit you."

Communication with parents is key to knowing what the future of college will look like.

"Talking with your parents is important," Mrs. Favorito said. "I know some parents want different things than their child wants, so coming to an agreement is important."

If parents or students missed financial aid night, the presentation is online at dvsd.org under the guidance department tab. The presentation shows juniors and seniors how to approach college finances when the time comes. Along with this, students should check their Schoology class groups for college updates.

"Don't let a price tag change what school you want to go to," social studies teacher Mr. Freddy Moran said.

Mr. Hernandez shares student teacher experiences

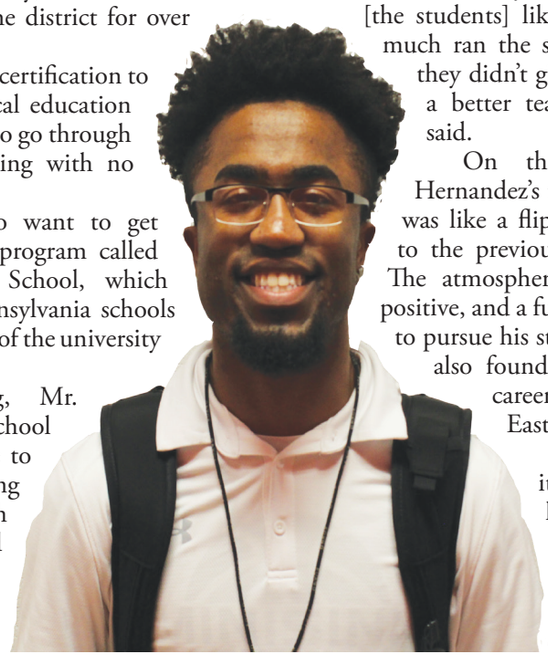
By Reilly Newton
Sports Co-Editor

Reece Hernandez, a senior in his last semester at East Stroudsburg University, has been student teaching and coaching in the district for over six months.

In order to complete his certification to become a health and physical education teacher, Mr. Hernandez has to go through 12 weeks of student teaching with no assistance.

At ESU, students who want to get their certification are in a program called Professional Development School, which helps place students in Pennsylvania schools within a 50 to 60 mile radius of the university in order to student teach.

At a PDS meeting, Mr. Hernandez met a school representative who was able to introduce him to a coaching position that was open with the girls basketball team, and he was brought in to coach alongside teaching.



In his previous semesters, Mr. Hernandez has student taught with assistance at Pocono East Junior High. His overall experience there was not pleasant and he didn't enjoy it as much as he first assumed.

"I didn't like the way the teachers treated them [the students] like inmates. They pretty much ran the school like a jail, [and] they didn't give me any advice to be a better teacher," Mr. Hernandez said.

On the other hand, Mr. Hernandez's time at Delaware Valley was like a flip of a switch compared to the previous school he taught at. The atmosphere is abundantly more positive, and a fun and worthwhile place to pursue his student teaching. He has also found more support for his career here than at Pocono East.

"Every single teacher, it doesn't matter for health or phys ed, has helped me out tremendously," Mr. Hernandez said.



Contributed Flyer

Community News

Milford holds annual Halloween Pooch Parade

By Ella Becker
School News Co-Editor

The Pooch Parade is an annual event in Milford in which people can dress their dogs up in Halloween costumes. This year's fourth annual Pooch parade was held on Oct. 26. It consisted of a walk through town to the Ann Street park. Owners could also submit their pooch's costume to be included in the costume contest. Many owners also dressed up with their dogs. The categories were scariest, most creative, best group costume and best show overall.



Ella Becker/Del.Aware

This pooch and its owner were dressed up as a fisherman and a lobster, and they won the best group award.



Ella Becker/Del.Aware

These two pooches were dressed up as a bride and a groom.



Ella Becker/Del.Aware

This tiny pug was dressed up as a shark.



Ella Becker/Del.Aware

This dog, whose name is Slinky, was dressed up as Slinky and won most creative.

Milford Theater hosts 'A Few Good Men'

By Owen Carso
Online Editor

The Milford Theater hosted the play "A Few Good Men" on Nov. 8-10. Sophomores Logan Woodward and Derrick Harris performed as PFC Louden Downey and the Military Police, respectively.

"A Few Good Men," originally published in 1989 by playwright Anthony Aaron Sorkin, tells the story of two military lawyers as they defend two United States Marines accused of murdering a fellow marine at Guantanamo Bay Naval Base. When one lawyer begins to suspect that the young men were only carrying out orders when they killed their fellow soldier, she convinces them to try their case in court. The play asks the question of whether those who defend their country are subject to the rule of law.



Owen Carso/Del.Aware

Lt. Jonathan J. Kendrick addresses three Marines in "A Few Good Men."

The play is best known for its 1992 movie adaptation. Its ensemble cast includes Tom Cruise, Demi Moore, Kevin Bacon and most notably Jack Nicholson who delivered the famous line, "You can't handle the truth!"

The cast of the Milford Theater's production started rehearsals after Labor Day. Consisting of 15 actors of all ages, the cast rehearsed roughly every day for three hours for the duration of their short rehearsal period.

The show was directed by Joseph Fuqua, a graduate of the Yale School of Drama. He is an actor, director, instructor and playwright.

"Aaron Sorkin's 'A Few Good Men' is a powerful work of American theater, in the tradition of gripping courtroom dramas like '12 Angry Men,' 'Inherit the Wind,' 'The Caine Mutiny Court-Martial' and 'To Kill a Mockingbird,'" Fuqua said. "Sorkin challenges us, asking 'What side are you on?'"

Woodward's character, PFC Louden Downey, is one of the two Marines accused of murder. Harris's character, the Military Police, was condensed into a single character rather than a unit of several characters for the purpose of this production.

"My biggest takeaway from portraying all the military police in one was the power of my voice," Harris said. "All of my lines are either, 'Ten hut!' or calling people into the courtroom. And really, I didn't realize until I started doing this role how powerful your voice is, like it can have an effect on so many people."

On Nov. 7, the three Combo classes took a field trip to the Milford Theater to see a special production of the show exclusively for them. Two of the adult actors, Taylor James and Kris Tjornhom, are DV alums who were in the Combo program when they were students.

"Part of the Combo experience is giving students authentic learning opportunities and real-world experiences," sophomore Combo English teacher Ms. Sarah Fitzkee said. "We wanted to offer them the enrichment of appreciating the arts."

13th Hour Haunted House

By Michael Elaro
Managing Editor



The 13th Hour Haunted House, in Wharton, New Jersey is open for the Halloween season, Christmas season and Valentine's Day. Tickets to the Halloween haunted house range from $40-$60, plus additional fees.

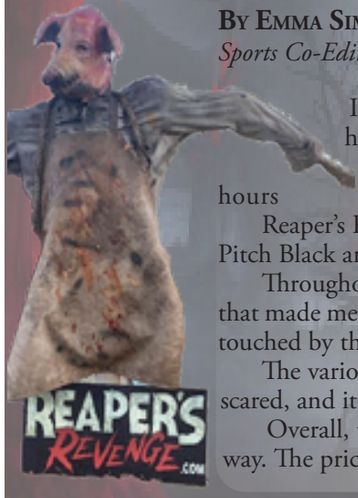
The attraction consists of three houses: the first two being connected as the house and attic of serial killers from 1971. Once walking through the first two houses, you wait in line to enter a pitch-black maze filled with jumpscares and strobe lights.

I went to the haunted house on the night of Halloween, and as expected, it was pretty hectic. I purchased time slot tickets for 7:00 p.m., and we got in around 7:20 p.m.

The special effects and props were amazing, while the realism transported patrons into a real-life horror story. Unfortunately, the overall experience was underwhelming. Due to it being so crowded, we would run into other people and miss out on jumpscares, and during the dark maze people in front of us were using a flashlight. While I understand the need to pick up the pace on busy nights, it took some of the excitement away from the customers. For how much it cost, this haunted house was not worthwhile.

Reaper's Revenge

By Emma Simmons
Sports Co-Editor



I attended Reaper's Revenge in Scranton, a multi-themed haunted house experience that displays a masterful blend of horror and suspense.

I paid for two general admission tickets with tax which amounted to about $150. I also waited two and a half hours despite arriving an hour early.

Reaper's Revenge offers five unique attractions that you go through in succession: Haunted Hayride, Lost Carnival, Delirium, Pitch Black and Section 13.

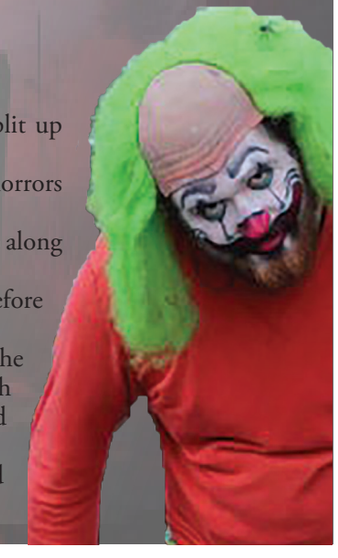
Throughout the various zombie, clown and mutant themed houses, I was grabbed and touched multiple times. It was nothing that made me uncomfortable; it enhanced the true scare of the experience. If you are someone that is very uncomfortable with being touched by the actors and you scare easily, keep in mind that it does happen often.

The various outdoor and indoor sections displayed an endless amount of props, actors and interactive scenes. I truly like to be scared, and it was a good balance of frightening yet entertaining. The experience took me about an hour and 45 minutes.

Overall, the house met my expectations, and I would recommend it. The "Pitch Black" section was truly terrifying in the best way. The price is steep and the wait is long, but this haunted house is a must-visit for thrill seekers during Halloween season.

Farnum Haunt

By Olivia Van Tassell
School News Editor



The Farnum House Haunting was a thrilling and terrifying experience. I didn't like that our group had to be split up because we had one more than their six-person maximum.

It was confusing to us at the beginning because we didn't know how long the experience was going to be or what horrors we were going through. This made our night sometimes feel never ending.

Farnum is located in Port Jervis, opens annually every October and is run by the Port Jervis High School Drama Club along with volunteers from the community.

They had a short spiel on the rules for both the participants and the actors. We then had to wait about 10 minutes before we could actually begin because there was a large crowd.

I thought the sequence was well organized, but the actors broke character a few times. I think that the reciprocity of the actors determines your experience so that will differ for everyone. The worst part for me was when we had to walk through a pitch back, narrow maze with recurring jumpscares for about 10 minutes. It was hard to see anything around us and sometimes when the spaces would get tighter, it felt like we were suffocating.

This was my first time at a haunted house, and I don't think I would go back. The experience was too frightening and overall not worth the $20 ticket.

FEMALE DUO

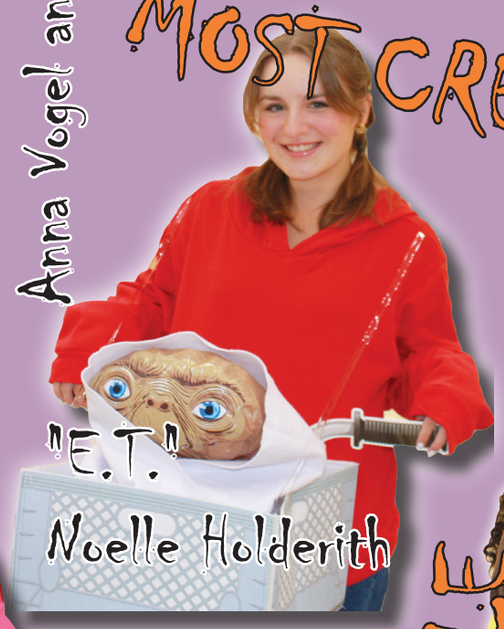


"Wicked"

Anna Vogel and Abby Chudoba

To showcase Halloween spirit, seniors had the opportunity to participate in the Del. Aware's costume contest held on Oct. 31. Voting was conducted on a Google Form that was accessible to teachers and students in all grades. Categories included Best Couple Costume, Most Creative Costume and more. The winners to this contest are provided below:

MOST CREATIVE



"E.T."

Noelle Holderith

MALE



Pasq

FUNNIEST



"White Chicks"

Jasmine Lucente and Rainna Carr

BEST COUPLE



"Curious George"

Gino Gualandi and Olivia Cruz



Smit Pa

SENIOR HALLOWEEN

SOLO

"Moana"

uale Venetucci



"If You Give a Mouse a Cookie"

Andrea Boronow



FEMALE SOLO





MALE DUO



"The Lorax"

atel and Dean Finelli

TRIO





"Back to the Future"

Luke Brazanskas, Nick Nilsen and Tommy Johnson

Compiled by Kaitlin Gelardi, Ella Becker, Emma Simmons and Kim Smyser

SKIN CARE IN REVIEW

FACE CREAM

What is it: e.l.f. cosmetics Holy Hydration! face cream

Opinion: As someone with oily skin, I found that after a week of use, my skin was less oily.

Where to buy: Amazon, Walmart

Cost: $12



★★★★½

Compiled by Annabelle Doro

BODY SCRUB

What is it: Dove's exfoliating body polish scrub with brown sugar and coconut butter

Opinion: Although the body scrub showed good results like smoother skin, it didn't make a huge impact.

Where to buy: Amazon, Walmart

Cost: $6.99



★★★★½

Compiled by Kim Smyser

LIP BALM

What is it: Summer Fridays lip butter balm

Opinion: Summer Fridays is by far the most hydrating lip product I have ever used.

Where to buy: Sephora, Summer Fridays

Cost: $ 24



★★★★★

Compiled by Emma Ciancio



CHAPSTICK POLL



OTHER -31%

Compiled by Kayla Sykes

PIMPLE PATCHES

What is it: A brand of pimple patches called Mighty Patch, This brand claims to prevent scarring and provide evident results within 6-8 hours.

Opinion: Overpriced and didn't provide much of a difference.

Where to buy: Walmart, Walgreens, Target, Amazon and Ulta

Cost: $9-$15



★★½☆☆

Compiled by Kaitlin Gelardi

DEODORANT

What is it: Native Deodorant

Opinion: Native deodorant keeps your armpits dry and odor free. However, it is not a long lasting deodorant.

Where to buy: Walmart, Walgreens, Target, Amazon

Cost: $13



★★★½☆

Compiled by Topher DellaBella

Lifestyle

Fashion Aware: Sweaters and Sweatshirts

By Gia Scimeca
Arts & Lit Editor

Sweaters and sweatshirts have always been go-to fall items, but it is easy to confuse the words interchangeably. Sweaters refer to more knitted fabrics, while sweatshirts are made for more athletic use, but can be worn for daily use nonetheless.

There are multiple ways to style them. For example, you can go for an off-the-shoulder look. You can do this by cutting off the collar of an old sweater/sweatshirt can be more cost-efficient rather than purchasing a new one.

Wearing sweatshirts from colleges and universities is a popular style that many students tend to wear. Whether it is a school that a student wants to go to, they just like the design or wear it because of the school's name, university sweatshirts are a comfortable yet sometimes expensive option depending on the specific school for students.

The show "Gilmore Girls" has popularized the styling of a white cable knit sweater, after the main character Rory Gilmore was seen wearing it for a few episodes.



Gilmore has had an impact on fall fashion, since the show takes place during the school year.

Many clothing brands carry sweaters and sweatshirts, ranging in a variety of styles and colors.

For instance, Hollister has many designs for sweaters that are sold for as low as $25, but usually are around $40 to $50. For more "old money" style sweaters that are on the pricier end, Ralph Lauren has sweaters with multiple different material types such as cashmere, cotton and wool. For more affordable options, purchasing from Walmart and Target provides a wide-range of designs for sweaters that are around $30 to $40.

Sweaters and sweatshirts are a good way to stay comfortable during the fall and winter season, while being stylish.

Simple workout routines benefits fitness, boost mental health

By Lauren Donnelly
Lifestyle Co-Editor

Looking to improve your physical and mental health? Exercise has been proven to increase both a person's stamina and his or her overall well-being. Exercise releases feel-good endorphins that allows a person to take their mind off worries, gain confidence and even cope with anxiety in a healthy way. Here are a few simple exercises you can do daily to better your health!

Cardio

- **Jumping Jacks**
- **Burpees**
- **Mountain Climbers**
- **Jog/Run**

Core

- **Crunches**
- **Bicycles**
- **Plank**
- **Leg Raises**

Upper Body

- **Push Ups**
- **Pull Ups**
- **Tricep Dips**
- **Bicep Curls**

Lower Body

- **Squats**
- **Lunges**
- **Tuck Jumps**
- **Calf Raises**

Not sure how to do an exercise? Scan the QR code for a tutorial!

You are just as important as what you do

By Kayla Sykes
Sports Editor

Living a busy lifestyle can feel extremely stressful if you do not make any time for yourself or care for yourself.

As a high school student, it is easy to feel stressed with homework, clubs, sports and, as a senior, applying to college. When you manage your time with you in mind, it can help alleviate extra stress placed upon yourself.



The past four years I can look back and remember times where I have stretched myself too thin, which has left me with an abundance of stress. And I know for many of my peers, they begin to feel this too.

The first way to work through this is to organize and plan out each week ahead. This has helped me when planning times I will be devoting to each activity I am a part of. This goes for any studying, school work and working that will take place during the week.

From doing this, I have realized when you start to really prioritize time for yourself, in an organized way, life begins to feel less stressful.

Without time to hone in on your mental health or your physical well-being, you may feel like you are doing so much but so little at the same time. And as hard as it might be to take a step back from all the items you need to get done on your to-do list, it is so important.

Your happiness matters. Your peace matters. Every day devoting even 30 minutes to an activity and hobby you enjoy can help relieve the stress of everything else going on around you.

Don't feel guilty for putting your mental health first. After all, you are just growing, learning and trying to become better. Being the happiest version of yourself will only make it 10 times easier to do so.

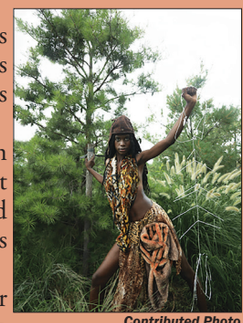
Arts & Literature

Spotlight Artist: *Draven Nitecki*

By Gia Scimeca
Arts & Lit Editor

Senior Draven Nitecki recalls his first time getting into art was through drawing pictures of his family when he was little.

For his medium, Draven mainly uses traditional art methods like pencils and colored pencils and for 3D, he uses fabrics to create his designs.



Contributed Photo

Draven tailored a piece from the theme "Predator and Prey" that he made while at Parsons School of Design.

His biggest inspirations for his art comes from listening to music, specifically alternative pop such as Caroline Polachek, Charli XCX, Bjork and FKA twigs. He also finds inspiration from current fashion shows/trends.

"I also get inspiration from everything around me and what I am interested in during a certain time, so my inspiration is always changing and being influenced," Draven said.

Throughout his years of high school, he recalls taking General Art, Ceramics 1, Introduction to Drawing 1 & 2, 3D Design, Painting Media, AP Studio Art and AP Art History.

"I'm proud of Draven for being a self-motivated learner," art teacher Mrs. Tricia Kaylor said.

Over the summer he was able to take a fashion intensive at Parsons School of Design in New York City, which is a type of program that fits a college semester into three weeks.

"I learned a lot more about what it's like to work in the industry and got to do research projects, photoshoots and styling work," Draven said. "It was such a great opportunity, and I really felt like being in the city was a good environment for me, and I got to do so much while I was there."

Draven's advice for others interested in fashion is to put the work in and take advantage of any opportunities that could further you with your career or for college.

"Just always be producing work and doing things like sketching, researching and making clothes," Draven said. "I think if you really do love fashion, then that shouldn't be a hard thing to do."

Spotlight Writer: *Bella Como*

By Emma Ciancio
Editor-in-Chief

Senior Bella Como is always looking for ways to incorporate her emotions into her pieces of work, whether it is for school or her songwriting career.

Bella has felt encouraged to write ever since she was young. While Bella's teachers have always pushed her to write, she took it upon herself to combine writing with her true passion for music.

Bella draws inspiration primarily from her emotions. Many of her songs explore themes of grief and loss, she views this creative process of coping and healing. Through her own art, Bella not only expresses her own experiences but also connects with others who may share similar struggles.

Bella likes to quote her favorite artist Elliott Smith.

"'Depressing' isn't a word I would use to describe my music," Smith said. "But there is some sadness in it -- there has to be, so that the happiness in it will matter."

Bella feels the song she wrote titled "Little Bird," was the one in which she was able to encapsulate the most of her emotions. "Little Bird" is about her teammate Riley Krick who passed away in January. Bella has made it a tradition to perform the song in every show she plays in tribute to Riley.

> *"I am a musician at heart, and songwriting has always and will always be a part of who I am.*
>
> **- Bella Como**

Bella recently finished a song writing class with award winning singer Adrianne Lenker where she learned the ins and outs of songwriting.

"I am a musician at heart, and songwriting has always and will always be a part of who I am," Bella said.

Other than writing songs, Bella loves to write argumentative essays, like those of the AP Composition curriculum.

Spotlight Musician: *Matthew Sicina*

By Emma Simmons
Sports Co-Editor

Participating in band since elementary school, senior Matthew Sicina cannot imagine his life without music.

"My favorite part of being involved with music is just being able to express yourself without having to speak," Matt said.



In school, Matt participates in jazz band, marching band, concert band and pit orchestra. Along with several other achievements, like being chosen for many solos, Matt holds a leadership position of brass sergeant in marching band. He is also lead in most of his bands and attained a spot in honor band.

For the school ensembles, Matt specializes in trumpet, and his favorite kind of music to play is Latin jazz. However, his talents do not stop there.

Outside of school, Matt can play a multitude of other instruments: clarinet, saxophone, piano and guitar. He also tries to play in as many local open mics and side performances as he can. He finds joy in playing in his church band.

"It is rewarding to see how people react to music when they are worshiping," Matt said.

After high school, he plans on attending Messiah University or Penn State University for music education. Later on, he hopes to attend graduate school to attain his master's degree in music education.

Matt credits music as the most essential part of his life.

"It's a way to influence people without them really knowing," Matt said.

Arts & Literature

Marching Band Senior Night

Compiled by Etain Starr



Art students participate in Paint the Plow project

By Annabelle Doro
Entertainment Co-Editor

Art students participated in PennDot's ninth annual Paint the Plow program. The program is used to spread awareness for safe driving, especially during the winter.

"I like it because it appeals to safety, especially for students driving in the winter," Mrs. Maria Tusinean said.

Schools across Pennsylvania receive a plow, and students paint it based on that year's theme. The theme for this year is "Use your reason when it's freezin'." The theme is a reminder to drive with reason when roads are icy.

"I think it's beneficial for everyone," Mrs. Tusinean said. "It's not just for art students. Students have genuine ideas, and it's nice to look at without having to critique it."

If the school places first in the contest, they get an award and the plow will be displayed on PennDOT plow trucks in the county of the winner.

"I hope the school, community and parents go online and vote so we can win," said Mrs. Tusinean.

Voting for plows will open up in December when PennDOT announces it on their social media.



Contributed Photo

Art students stay after and paint the plow based on the theme.

Art Department receives prestigious PAEA Award

By Owen Carso
Online Editor

The Delaware Valley School District received the Pennsylvania Art Education Association (PAEA) award for the second year in a row in late September.

Every year, the Pennsylvania Art Education Association awards school districts that exhibit a commitment to visual arts education. Eligible districts must meet the following criteria: rigorous and inclusive programs, highly accessible programs and highly visible programs.

PAEA offers school districts a checklist to determine whether their district is an outstanding visual arts community. If the district checks off most of the boxes, then the district is eligible for the award. A member of the district's art department must nominate the district to be considered for the award.

"I wanted to apply for this prestigious recognition because so many of our students have been high achieving," Mrs. Kaylor, the chair of the art department, said. "The award validates the success that I've seen over the years."

Though DV also received the award in September 2023, Mrs. Kaylor set out to meet even more of the award's criteria over the course of the last year. One additional category the art department fulfilled was the recommended district wide art show. In May 2024, the National Art Honor Society hung posters of K-12 artwork in businesses in Milford.

"As you walked down Hartford Street or Broad Street, you could see all of our artwork hanging in the windows," Mrs. Kaylor said.

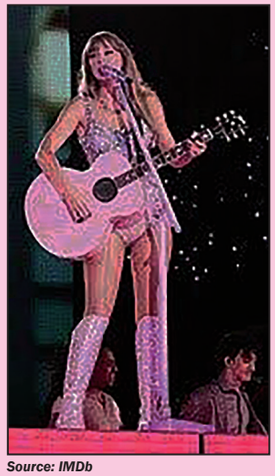
In addition, the art department has increased its social media presence in the last year to fulfill another one of PAEA's recommendations.

"We're just trying to have the art department recognized for all the hard work that the students and educators are putting in," Mrs. Kaylor said.

Entertainment

Taylor Swift's Eras Tour exceeds expectations

By Ella Becker
School News Co-Editor


Source: IMDb

Taylor Swift's Eras Tour has been ongoing for over two years. I had the privilege of being one of those people to experience the Eras Tour.

I went to night three of the concerts in Miami, on Oct. 20, at the Hard Rock Stadium. My sister-in-law got us tickets from Ticketmaster. As expected with tickets for such a high-demand tour, the price was high.

Our seats were in the nosebleed section, but it did not matter. I actually think being so high up made the concert much better. Swift gives each person a bracelet that lights up during each song, so being higher up allowed us to see the lights across the crowd.

Since we were in Florida, it was only appropriate that she played her song "Florida," which is not usually on the setlist. She also brought out the feature on that song, Florence & The Machine, as a surprise.

Her surprise songs were "Out of the Woods," "All You Had to Do Was Stay," "mirrorball" and "Guilty as Sin?" All of those songs are some of my favorites.

Swift herself is such an amazing performer, and seeing her live was the best night of my life.

Conspiracy Theory - Thank you, Beyoncé

By Reilly Newton
Sports Co-Editor

Award-winning multi-millionaire and global superstar Beyoncé has become a hot topic of conversation lately, and not for her music.

Beyoncé is one of the most influential icons in pop culture today. Having a total of 32 Grammys, the most any artist has ever won, she took over the music industry in the early 2000s and hasn't stopped since.

Such illustrious fame, however, makes you vulnerable to skepticism and rumors fabricated by the media. The most recent of these theories is the "Thank you, Beyoncé" theory.

This meme turned trend began when fans noticed a coincidental occurrence of celebrities thanking Beyoncé in their acceptance speeches, notably at the Grammys.

This was questionable because, more often than not, Beyoncé had arguably nothing to do with the celebrities' albums, production or awards.

Britney Spears is one of the many A-listers who have paid homage to Beyoncé, thanking her in the 2005 Grammys, clearly appearing to be reading off of a teleprompter.

Other celebrities include Adlele, Megan Thee Stallion, Lizzo and Lady Gaga.

In light of these new discoveries, people on social media have made a meme out of the fiasco. Taking to the comment sections on Instagram, Snapchat and TikTok, people have been thanking Beyoncé themselves.

While these comments are most likely in jest, it highlights the outlandishness of the incident, bringing into question Beyoncé's real role in the music industry.

'Chromakopia' did not sound as good as expected

Tyler, the Creator drops "Chromakopia" after a three-year break

By Gia Scimeca
Arts & Lit Editor

The anticipation for Tyler, the Creator's newest studio album "Chromakopia" has never been so popularized, with many listeners coming up with their own rumors of features.

Many listeners believed that singer Frank Ocean would be featured in the album because of his previous inclusions within Tyler's previous albums, but Ocean was not in the album to the dismay of many fans.

Ever since the release of "Call Me If You Get Lost" back in 2021, many fans, like myself, had been anticipating the newest Tyler, the Creator album, released on Oct. 28.

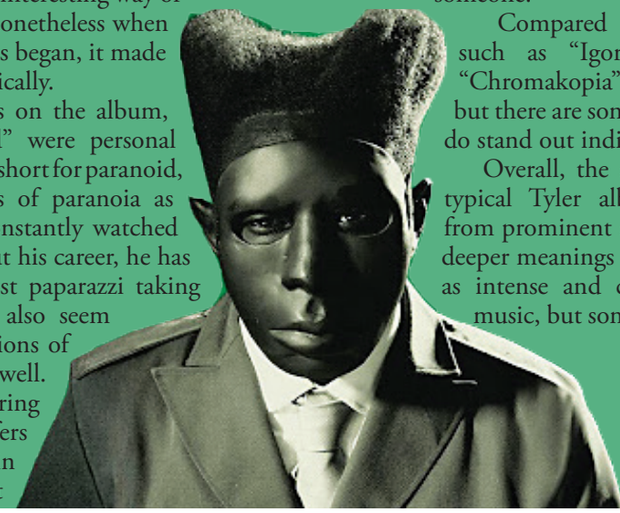
The album was hit-or-miss at first, with some songs feeling not up to the usual effort Tyler puts into his albums. Certain songs in the album were hard to listen to at first, but over time, became easier to tolerate.

Such as with the song "Sticky," which features artists such as GloRilla, Lil Wayne and Sexyy Red. The song was hard to listen to at first, but the more times I listened, it became more tolerable to listen to.

"St. Chroma" had an interesting way of starting the album, but nonetheless when Daniel Caesar's harmonies began, it made the song improve dramatically.

Out of the 14 songs on the album, "Darling, I" and "Noid" were personal favorites of mine. "Noid," short for paranoid, addressed Tyler's feelings of paranoia as a celebrity, as he feels constantly watched by the media. Throughout his career, he has always spoken out against paparazzi taking pictures of him, which also seem to line up with the opinions of many other celebrities as well.

"Darling, I" featuring Teezo Touchdown refers to the feelings of being in love, but he feels hesitant due to the fear of commitment. It's one of his more chill songs, with not as much bass or intensity, but it sounds like how one may feel when beginning to love someone.



Compared to his notable albums such as "Igor" and "Flower Boy," "Chromakopia" does not flow as well, but there are songs within the album that do stand out individually.

Overall, the album sounds like your typical Tyler album: multiple features from prominent artists, vulgar lyrics with deeper meanings and much more. It's not as intense and controversial as his old music, but some songs are reminiscent.

Entertainment

Heart-wrenching film 'We Live in Time' connects with viewers

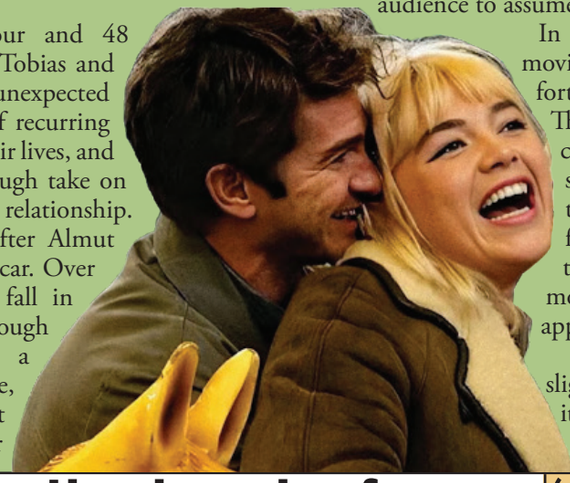
By Kayla Sykes
Sports Editor

"We Live in Time," an anticipated release due to the cast, hit movie theaters across the country Oct. 11 and as envisioned, grossed over 11 million domestically.

The film runs for an hour and 48 minutes and displays the life of Tobias and Almut together after their first unexpected encounter. The movie consists of recurring flashbacks to different times in their lives, and Andrew Garfield and Florence Pugh take on these roles and play the on screen relationship.

The plot follows the two after Almut accidentally hits Tobias with her car. Over the course of the movie, they fall in love with each other, work through relationship issues and begin a family. In the middle of the movie, the audience finds out that Almut has ovarian cancer. Almut is later found to be in remission and the two go through IVF to have a child. After many tries, Almut becomes pregnant.

After the birth of their daughter, Almut is again diagnosed with ovarian cancer, but this time the cancer only worsens. The last scene in the movie leaves the audience to assume Almut has passed.



In my opinion, this movie was a back and forth heart-wrencher. There was both comedic relief and scenes that had me in tears. The back and forth between the two helped make the movie well-rounded in appeal to emotions.

However, I was slightly confused when it came to the whole movie being displays of flashbacks and going from one moment to another within 15 minutes of each other. When the movie first began, I had no idea what was going on and did not understand the plot until almost halfway through.

When I was able to move past the confusing flashbacks, I had a better understanding of Almut and Tobias' relationship and felt connections to the characters.

The acting also played a huge role in these connections. Garfield and Pugh did an outstanding job. Not one scene felt like acting, and each and every scene seemed raw and real. I would have never guessed the two were not in a relationship off-screen.

Considering the plot as a whole, I believe that this film could touch almost every person's heart. Cancer is a common disease, and the story of Almut may be the story of someone close to you. It is really eye opening to see Almut wanting to choose the life she's living in the present rather than the future of the unknown.

This was another remarkable theme displayed throughout the movie: to live in the moment and truly make every minute count.

Payne's death shocks fans, former band members

By Emma Ciancio
Editor-In-Chief

Former One Direction member Liam Payne died after falling from the third floor of his hotel room in Argentina on Oct. 16.

It has recently come to light that Payne struggled with significant mental health challenges, including depression and substance abuse issues. Adding to his difficulties, he was dropped from his record label a week prior, leading many fans to speculate that these factors may have contributed to his tragic passing.

While Payne's death was originally deemed a suicide, it is now apparent that Payne's tragic falling was involuntary due to the fact he was seizing.

According to the New York Post, Payne was under the influence of pink cocaine, despite being six months sober prior to the incident.

Three individuals have now been charged with abandonment of a person followed by death and supplying and facilitating the use of narcotics.

Payne's fans were heartbroken by the news of his passing. Across the globe, fans came together to organize heartfelt tributes, playing and singing songs of Payne's, while sharing cherished memories from One Direction concerts.

The remembrance of Payne showcased the profound impact he had on countless lives, as many fans grew up listening to the artist's music.

Even after eight years of One Direction disbanding, all the former members took to social media to share their heartfelt tributes to Payne. Their emotional messages depicted the deep bonds they created during their time together.

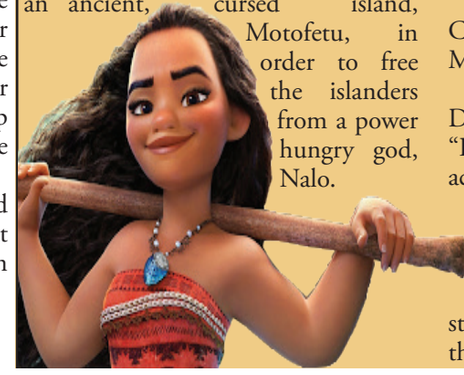
"I lost a brother when you left us and cannot explain to you what I'd give to just hug you one more time," One Direction member Zayn Malik said.

'Moana 2': Will it live up to the expectations?

By Ava Kraszewski
Community News Co-Editor

"Moana 2" is set to premiere in theaters on Nov. 27, almost eight years after the first hit movie was released in 2016.

The sequel takes place three years after Moana's original escapade and follows her and Maui on a sea-faring adventure after being called upon by Moana's ancestors. The pair travel to an ancient, cursed island, Motofetu, in order to free the islanders from a power hungry god, Nalo.



They are accompanied by special, new characters named Loto, Kele and Moni. Loto is an engineer voiced by an upcoming New Zealander actress Rose Matafeo. David Fane voices the grumpy farmer Kele, and Hualālai Chung voices the storytelling local Moni.

Another new character to the series is Moana's three-and-a-half years old sister, Simea. Simea is voiced by child actress Khaleesi Lambert-Tsuda.

Dwayne Johnson and Auli'i Cravalho will be returning to voice Maui and Moana, respectively.

The film is directed by Dave Derrick Jr., who worked on Disney's "Raya and the Last Dragon," live-action "Lion King" and "Encanto."

There are also plans to release a live-action "Moana" in the upcoming 2025 year starring Johnson as Maui.

"'I'm excited that we're going to start shooting the live-action 'Moana' this year. I can't wait,'" Johnson said.

Science & Technology

Mother sues AI platform after son's suicide

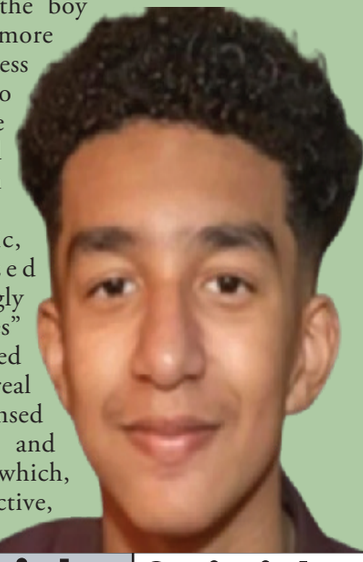
By Siasia Bean
Science & Technology Editor

Following the suicide of her 14-year-old son Sewell Setzer, Florida resident Megan Garcia is suing the artificial intelligence platform Character.AI for playing what she feels is a key role in the boy's death.

After a final chat with a bot named after Daenyrs from "Game of Thrones", the boy suffered a self-inflicted gunshot wound.

Character.AI, often abbreviated as C.AI, is a platform that allows users to create and chat with ai-powered chatbots including a wide range of fictional characters, historical figures, celebrities and more.

Garcia alleges that the chatbot the boy used prior to his death, modeled after a Game of Thrones character was 'addictive' and reports that after usage, the boy gradually became more withdrawn and less sociable. She also claims that the chatbot targeted her son with "anthropomorphic, hypersexualized and frighteningly realistic experiences" and misrepresented itself as "a real person, a licensed psychotherapist and an adult lover," which, from her perspective, ultimately led to his death.



Notably, the site features a warning before chatting that everything the bot's output is made-up.

Character.AI has responded, sending their condolences but also highlighting key details not initially addressed. C.AI reports that the boy was using the edit feature to change the chatbot's initial output as well, resulting in messages more vulgar than they initially would have been.

Character.AI has since added a self-harm resources popup feature, which detects messages related to self-harm and directs users to a link to get help.

Some blame Character.AI for the encouragement of his behavior, while others claim that his death was a result of neglectful parenting and that C.AI provided an "out" for him to take action that would end his life.

Dormancy in cells may aid understanding of cancer

By Siasia Bean
Science & Technology Editor

Scientists have discovered that a mechanism present in yeast may provide the key to how cancer cells survive nutrient shortages. Using a species of yeast called S. Pombe that has properties similar to human cells, a mechanism in cancer known as dormancy may be better understood.

Both this species of yeast and cancerous human cells have been found to go dormant when starved of nutrients, allowing them to live through periods of nutrient deprivation before reawakening when nutrients are made available once again. Dormancy means that the cells go through an extended period of inactivity, making them difficult for the immune system to detect, target and eradicate, as well as allowing survival in extreme circumstances like starving.

Being able to understand this mechanism in either cell type may provide a pathway to better cancer treatments, as if this dormancy process is disrupted, it lowers the resilience of these cells, making them more susceptible to starvation and treatment strategies. S. Pombe is specifically notable for its resemblance to human cells, potentially unlocking a more comprehensive understanding of both healthy and cancerous ones.

Scientists have found that when in dormancy, the mitochondria of these yeast cells is coated with deactivated ribosomes, which are mechanisms that normally serve the purpose of making proteins when in the activated state.

One theory states that it may act as protection for the cell while the cell is considered inactive. The ribosomes also attach themselves "upside down," adding to the mystery of why these ribosomes attach themselves at all, which is still not entirely understood.

As scientists gain a better understanding of how these processes work, there is more potential for the improvement of cancer patient outcomes and targeting afflicted cells. More specifically, scientists seek to understand how cancer cells both go into and awaken from dormancy when faced with a period of difficulty.

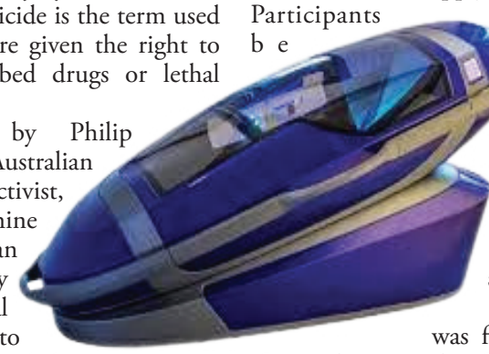
Suicide pod brings attention to right-to-die debate

By Reilly Newton
Sports Co-Editor

The suicide pod, formally known as the Sarco pod, is a device that allows for assisted suicide to be performed entirely by AI.

Assisted suicide is the term used when people are given the right to die by prescribed drugs or lethal injection.

Invented by Philip Nitschke, an Australian right-to-die activist, the machine opens up an opportunity for medical professionals to no longer be needed in assisted suicide.



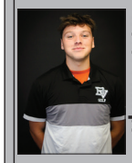
The Sacro pod, which costs $15,000 to 3D print, operates by asking the person inside three questions: Who are you? Where are you? Do you know if you press this button, you will die? Once the button is pressed, the oxygen percent lowers to 0.4, and nitrogen gas begins to fill the pod. Deep breaths are encouraged by the AI, and within 10 minutes, the process is complete.

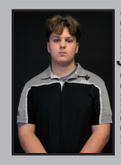
Specific qualifications have to be met in order to apply for the pod. Participants have to be over the age of 50, have a terminal illness and be deemed mentally stable.

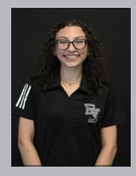
The pod was first used late September on the Swiss-German border, taking the life of a 64-year-old American woman. Shortly after, Nitschke's office in the Netherlands was raided and five people, only one present during the operation, were detained.

DV ATHLETES Sign OFF

Golf


Trevor Phillips


Tommy Johnson


Cameron DiPietro

Field Hockey



Mackenzie Koger Jenna Zuelch
Ava O'Grady Kayla Sykes
Ava Kraszewski

Girls Soccer



Juliet Fitzpatrick Faith Babbitts
Kiersten Plummer Teizu Jones
Gianna Balu Emma Leskin
Alivia Wieder Arianna Healy
Cara Churchill Dakota Jordan

Boys Soccer


Norman Burke

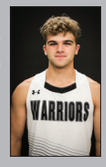

David Choi


Nate Sheehan

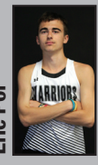

Declan Mead

Gavin O'Grady
Gabe Gannon
Gino Gualandi
Landon Fucetola
Mateo Alvarado
Bryson Mackey
Luke Peereboom

Cross Country


Aidan Leighty


Bella Como


Eric Pol


Mike Donlon


Max Hancock


Anna Vogel
Tori Depew


Draven Nitecki


Jayden Ross


Sean Winship

Girls Volleyball



Bella Bixby Lauren Donnelly
Lundyn VanHorn

As the fall sports season comes to an end, seniors were recognized for their hard work and dedication. These Senior nights are organized by the booster clubs and coaches. Seniors' plans for after high school, their involvement and how long they have been playing were announced.

Complied by Kayla Sykes

Girls Tennis



Ava Capeci
Sara Gagnon
Daniella Perunsky Noelle Holderith
Maya Sussman Kate Tamplin
Ceanna Williams Jessica Willson
Olivia Van Tassell Michelle Zakharova

Football

Luke Brazanskas
Adrian Clasen
Michael Dearstyne
Topher DellaBella
Beckam Fernandes
Amir Guillite
Keegan Heath



Joey Kessler
Dylan Lynch
Jason Mele
Justin Morris
Logan Olsommer
Alexander Vaughan
Pasquale Venetucci

Photos taken by Mrs. Thompson on Sports Media Days

Compiled by Owen Carso, Emma Ciancio, Lauren Donnelly, Ava Kraszewski, Reilly Newton, Emma Simmons and Kim Symser

Sports

How to get recruited for college athletics

By Ava Kraszewski
Community News Co-Editor

Recruiting can be a stressful, overwhelming time for high school athletes who are trying to balance academics, athletics and contact college coaches. So for those who wish to play collegiate level sports, here's some advice on how to get recruited.

1. Email college coaches

Send emails to college coaches of your highlight reels, upcoming schedule and statistics in order to get yourself on colleges' radar.

2. Create a top list of schools

Creating a top list of schools will allow you to organize the emails you are sending and signing up for prospect days/ID clinics. When making your list, focus on academics rather than what NCAA division the school is.

3. Be open to other schools

Colleges you may have never heard of may reach out to you, but do not disregard them just because they aren't on your top schools list. One of these schools may end up being the perfect fit for you.

4. Join a travel/club league

Travel leagues can be expensive, but they provide you with more opportunities to compete in front of college coaches and against higher caliber athletes.

5. Start early

Starting the recruiting process early allows you to have more time with making a decision and eliminates unnecessary stress. A recommended timeline would be to start reaching out to college programs in sophomore and junior year. Of course, if you are a senior, do not be discouraged: it is better to start late than never.

6. Prioritize academics

College coaches are more inclined to have athletes on their team who perform well in school. This is especially important when it comes to being awarded merit scholarships, mainly at the NCAA DIII level since they can not offer athletic scholarships.

7. Do not focus on NCAA division

Focusing on NCAA DI programs can prevent you from discovering a DII or DIII school that is a better fit for you academically and career wise.

Jake Paul takes on Mike Tyson tonight

By Lauren Donnelly
Lifestyle Co-Editor

Former heavyweight champion Mike Tyson is coming out of retirement to take on professional boxer Jake Paul tonight. The fight will take place at AT&T Stadium at 8:00 p.m. It will also be streaming on Netflix. This will be Paul's heavyweight debut.

The event was originally scheduled for July 20 but was postponed because of Tyson's health issues. A statement released said he had an ulcer flare up and was instructed to rest and participate in minimal training.

Born in Brooklyn, New York, Tyson competed professionally from 1985-2005 with an overall record of 50-6 and 44 KOs. In 1986, Tyson won the WBC belt at the age of 20. He went on to claim the WBA belt and the IBF belt in 1987. His accomplishments made him the youngest boxer to be named heavyweight champion and gave him the title "The Baddest Man on the Planet."

Paul of Cleveland, Ohio, began his career in 2018 at the age of 21. His current career record is 10-1 with 7 KOs.

The main card includes eight rounds of heavyweight boxing along with other title fights. These fights include a bout between Katie Taylor and Amanda Serrano, a 10-rounder for the junior welterweight championship, Mario Barrios and Abel Ramos, 12 rounds for the WBC welterweight title, Shadasia Green and Melinda Watpool, 10 rounds for the WBO women's super middleweight title.

Scan the QR code to read about D1 lacrosse commit Ava Kraszewski

Written by Kim Symser



Dodgers defeat Yankees, win World Series in game five

By Topher DellaBella
Entertainment Editor

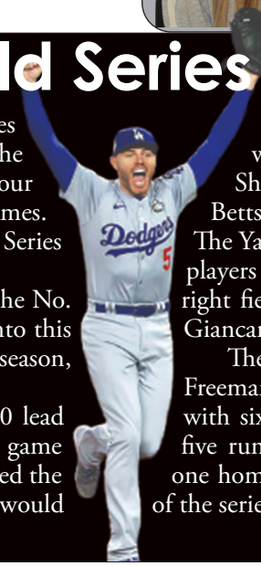
The Los Angeles Dodgers defeated the New York Yankees in five games to win the 2024 World Series on Oct. 30. With this win, the Dodgers have won their second World Series championship in the last five years, having won the 2020 World Series against the Tampa Bay Rays in six games.

The Dodgers were down 5-0 to the Yankees in game five before they rallied together and scored five runs in the fifth inning. The Yankees gained back the lead in the sixth inning, but the Dodgers ended up putting the game away in the top of the eighth inning.

To make it to the World Series, the Dodgers defeated the San Diego Padres in five games and the New York Mets in six games while the Yankees beat the Kansas City Royals in four games and the Cleveland Guardians in six games. This was New York's first time in the World Series since 2009.

Both the Dodgers and the Yankees were the No. 1 seed in their respective conferences going into this series. The Yankees had a record of 94-68 this season, and the Dodgers had a record of 98-64.

The Dodgers started the series with a 3-0 lead beating the Yankees 6-3 in game one, 4-2 in game two and 4-2 in game three. The Yankees avoided the sweep by winning game four 11-4, but they would fall the next day in game 5.



Standout players for the Dodgers were players such as designated hitter Shohei Ohtani, right fielder Mookie Betts and first baseman Freedie Freeman. The Yankees also had a team of all stars with players such as center fielder Aaron Judge, right fielder Juan Soto and designated hitter Giancarlo Stanton.

The World Series MVP was given to Freeman who had a batting average of .300 with six hits, four home runs, 12 RBIs and five runs scored in five games. Freeman hit one home run in each of the first four games of the series.

Fall Wrap-ups

Girls Soccer

By Emma Simmons
Sports Co-Editor

The girls soccer team ended its season losing the district quarterfinal to No. 1 seed Wilkes-Barre Area in a penalty kick shootout.

After double overtime, Wilkes-Barre Area made all four of their penalty kicks.

The Warriors' season came to a close with a record of 5-10-2 and the team placed fourth in District II. The captains were seniors Arianna Healy, Cara Churchill, Dakota Jordan and Juliet Fitzpatrick.

Key players during the season were junior Krystina Orby on offense, as well as junior Sasha Sheehan and Churchill on defense.



Senior Cara Churchill

"Cara always picks up every team's best player," head coach Kevin Quinn said.

Goalie Jordan, who was also noted as a key player, reached a career milestone of 500 saves.

Coach Quinn notes the team's 3-1 win against Mid Valley as their best game.

"They are a very good team. That's definitely our best performance," coach Quinn said.

According to coach Quinn, they still have skills to improve on next season.

"We have to score more. We defended against the best teams in the league, but offensively, we need to progress more," coach Quinn said.

Girls Tennis

By Owen Carso
Online Editor

The girls tennis team ended its regular season with a 12-2 record.

"This team has gotten better and better every year," head coach Amy Strickler said. "They improved on controlling their emotions and becoming mentally stronger and just pushing through to get it done."

The team ranked third in team districts. They won against North Pocono in the quarterfinals and lost to Abington Heights in the semifinals.



Owen Carso/Del.Aware

Senior Ceanna Williams practices serving.

At singles districts, seniors Noelle Holderith and Jessica Willson advanced to the quarterfinals, and both lost to Abington Heights.

Holderith and Willson were joined by the No. 1 doubles team, senior Kate Tamplin and sophomore Emma Strickler, at doubles districts. Holderith and Willson advanced to the finals and ranked second in the district for doubles, losing to Abington.

"There will never be another group as amazing as this group of seniors," Coach Strickler said. "Each of these girls are brilliant and succeed in all aspects of their lives. I have no doubt whatever they decide to do with their futures, they will be a smashing success!"

Field Hockey

By Lauren Donnelly
Lifestyle Co-Editor

The field hockey team's season came to an end after a 4–0 loss to Crestwood in the PIAA District 2 AAA semifinal on Oct. 23. They finished their season 8-10.



Contributed Photo

Senior corner defensive players protect the goal.

Head coach Marielle Cohen highlighted the team's games against Wallenpaupack, Honesdale and Crestwood.

"The first game of our season against Paupack showed us that all our work in the offseason and preseason had been worth it, and that we did have the ability to reach our goals," coach Cohen said.

She felt the game against Honesdale was their best because the team played a full game of great field hockey. Coach Cohen also thought that the girls played efficiently as a team in the first half of their Crestwood game.

Coach Cohen emphasized that she wants to see an improvement in attendance at winter and summer workouts during the offseason.

"I'm happy with how we did but not satisfied," coach Cohen said. "I hope that the bulk of my returning players have that same idea, that they should continue to work in the offseason."

Cross Country

By Reilly Newton
Sports Co-Editor

The cross country team officially ended its season at States on Nov. 2.

Senior Michael Donlon was the only one who qualified, and he placed 203 out of 260 runners with a time of 18:11.

"[It] wasn't quite what he was hoping for, [but] I was really proud of him. I think he did a good job," head coach Keith Fitzpatrick said.

The girls concluded their season with a record of 20-3, placing 4th in the Lackawanna League, and the boys finished with a record of 12-11.



Senior Eric Pol

Next season, the boys team loses seven seniors. To combat this, coach Fitzpatrick plans on integrating the lower classman more quickly.

"I think it's going to be a bit of a rebuilding year," coach Fitzpatrick said.

As for the girls, who are only losing three seniors, coach Fitzpatrick is aiming to improve off of the accomplishments made this year.

"They should be targeting a top third finish in the league," coach Fitzpatrick said.

Coach Fitzpatrick notes the great team culture they have all built together, and how proud he is of the season and the team.

Sports

Fall Wrap-Ups

Football

By Emma Ciancio
Editor in Chief

The Warrior football team's season came to an end after a 20-14 loss to Abington Heights in the District 5A championship game on Nov. 9.

They finished the season with a record of 6-6 and placed second in District 5A.

Junior Mike Iuzzolino led the Warriors with 21 touchdowns this season, gaining his role as the team's top scorer. Junior Justin Estevez held down the Warriors' defense by leading the team with an average of nine tackles per game.


Freshman Trey Newton

Freshman Trey Newton consistently gained around 50 yards per game, while Iuzzolino rushed for 125 yards per game.

"I definitely attribute the rest of my teammates for these successes," Iuzzolino said. "They block for me every play to allow me to get all the touchdowns and rushing yards."

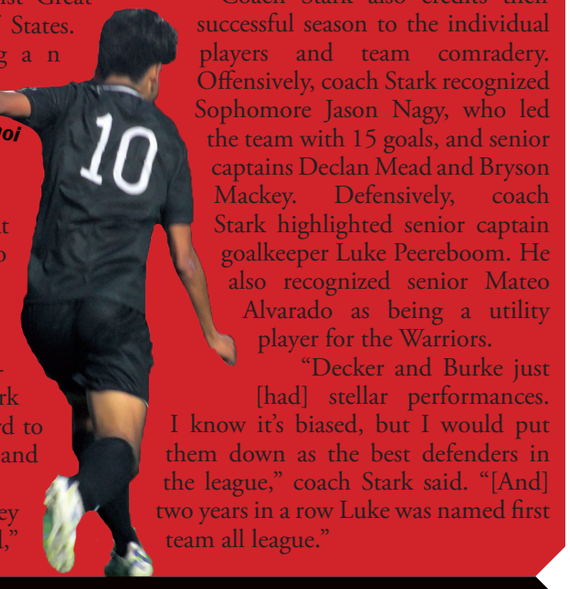
The Warriors took on junior Reagan Decker this season as their kicker. Decker is ranked first in the district for kicking and stands seventh in the entire state.

Even though the Warriors had a challenged schedule, coach Olsommer highlighted the team's ability to overcome and respond to the challenges they faced during the season.

Boys Soccer

By Ava Kraszewski
Community News Co-Editor

The boys soccer team concluded its season with a 2-1 loss against Great Valley in the first round of States. Junior Reagan Decker scored for the Warriors with an assist by senior Norman Burke.


Senior David Choi

The Warriors beat Wyoming Valley West 2-1 to become district champions on Oct. 29.

The team ended its season with an overall record of 15-7. Head coach Aaron Stark attributes their winning record to the boys' ability to work hard and stay focused.

"Any time in games, they played as hard as they could," coach Stark said. "No matter if we were winning or losing, they did everything they could to try to give us the best opportunity in games."

Coach Stark also credits their successful season to the individual players and team comradery. Offensively, coach Stark recognized Sophomore Jason Nagy, who led the team with 15 goals, and senior captains Declan Mead and Bryson Mackey. Defensively, coach Stark highlighted senior captain goalkeeper Luke Peereboom. He also recognized senior Mateo Alvarado as being a utility player for the Warriors.

"Decker and Burke just [had] stellar performances. I know it's biased, but I would put them down as the best defenders in the league," coach Stark said. "[And] two years in a row Luke was named first team all league."

Girls Volleyball

By Topher DellaBella
Entertainment Editor

The volleyball team lost a hard fought game against Williamsport on Oct. 30, ending their season in the sub-regional final. The team's record was 12-6.


Senior Bella Bixby

Even with the loss, head coach Karley May was extremely proud with how the team played.

"We honestly played really well against Williamsport," coach May said. "They never gave up once, and I'm very proud of them for that."

Junior Kate Prior and sophomore Cece Dickerson each contributed four aces and 16 service points. Junior Bri Waldron had 10 kills, senior Lauren Donnelly had seven kills and Dickerson also added six kills. During the season, Donnelly got her 100th career ace, and Waldron now holds the record for blocks with 32.

Despite the record books, coach May is happy with how the season turned out. For making this season successful, coach May credits the team for their hard work and team chemistry.

"This team was the hardest working team I've had," coach May said. "This team was so selfless when it came to always putting the team first."

Scan the QR Code to see a slideshow of Senior Night photos on our website!